
Etica Y Disciplina Stanislavski Libro Pdf Download



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Note This paper presents an attempt to answer the most important questions that one can ask about the practical meaning of the concept of 'unconscious' in the psychological action method, as proposed by Konstantin Stanislavski. 2 Chapter 1. Introductory notes In the theory of psychological action, the most important challenge faced by the actor is to find a way to reconstruct himself in the role. This reconstruction is possible only if the actor can reconcile the qualities of the character with his own attributes. In this regard, one of the most important aspects of the actor's preparation consists in the very active role he plays in his own development. 3 The actor in his own development must not only consider his role, but also his abilities and dispositions as a human being. A certain behavior is the result of a complex chain of causes. An action is the final consequence of the collaboration of our psychic forces. 4 In this regard, the awareness of the unconscious is a crucial part of the actor's preparation. It is not enough to know that the unconscious can be the source of powerful feelings and impulses. One has to fully understand the nature of the unconscious, which is not a single, non-changing, force, but a complex of ideas, beliefs, feelings, impulses, knowledge, and more. On the other hand, the awareness of the forces and powers of the unconscious cannot be considered to be a mere reflection of a certain situation, but rather an individual attitude that is born from an understanding of the relationship between the body, thoughts, and feelings. In this regard, a key aspect of the actor's preparation must be to be open to accepting all human limitations and imperfections. Our own characteristics and impulses must be fully accepted, as we act in the world of others. In the actor's process of self-exploration, the conflict between man's passions and his personality is resolved through the recognition of the fact that the most important aspects of a person are in his unconscious. 5 The actor must fully respect his own emotions and limitations. The awareness of the unconscious creates the possibility of taking responsibility for one's actions, but also gives the actor an opportunity to correct mistakes. It is possible to learn from our own failures. If we learn from our mistakes, then we can use them as valuable experiences and can acknowledge them in our personal development. 6 In this regard, the actor's aim is to liberate his impulses and passions, and to develop his own creativity. The concept of the actor's conscious and unconscious aims to understand the important role that the unconscious plays 82157476af

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